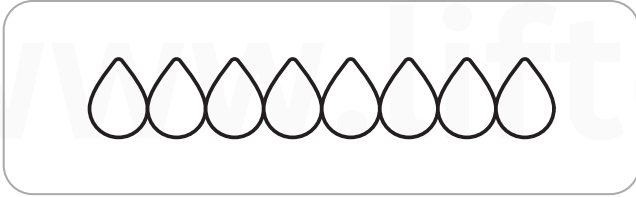


Gratitude Journal

Date _____

Water Tracker



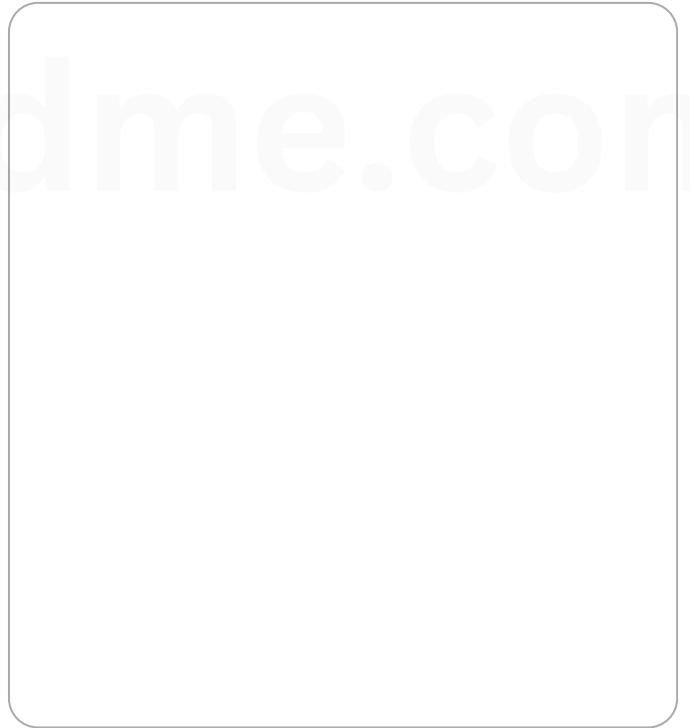
3 Things I'M Grateful For Today:

- _____
- _____
- _____

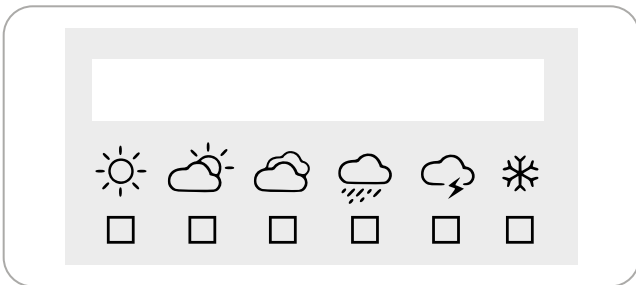
Mood Tracker



Describe Today In A Drawing



Weather Tracker



My Daily Thoughts And Reflections
